





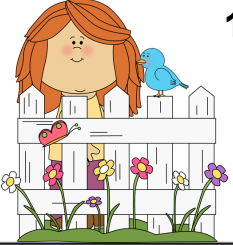









April 2018

Elementary Lunch






Prepay online at www.myschoolbucks.com!

*All meals are served with 1% low-fat white milk or nonfat chocolate milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKLY AVERAGE
 2 Meatless Monday Mac & Cheese Whole Grain Breadstick WG Chocolate Chip Cookie Green Beans Fruit & Veggie Bar	 3 Mini Chicken Corn Dogs Sweet Corn Fruit & Veggie Bar	 4 Hamburger or Cheeseburger on a Whole Grain Bun Baked Crinkle-Cut Fries Fruit & Veggie Bar	 5 Brunch for Lunch Pancakes Lean Beef Sausage Fruit Cup Fruit & Veggie Bar	 6 Smart Slice Whole Grain Pepperoni or Cheese Pizza Green Peas Fruit & Veggie Bar	Calories: 537 Total Fat: 18.2g Sat. Fat: 5.5g Fiber: 7.5g Sodium: 866mg
9 Spring Recess April 9th — 13th	 10	 11	 12	 13	
 16 Meatless Monday Rip & Dip Cheesy Bread With Marinara Sauce Fruit Cup Fruit & Veggie Bar	 17 Taco Tuesday Soft Chicken Tacos Salsa, Lettuce & Cheese Pinto Beans WG Celebration Cookie Fruit & Veggie Bar	 18 Oven Baked Chicken Nuggets Whole Grain Roll Emoji Fries Fruit & Veggie Bar	 19 Orange Chicken Brown Rice Sliced Carrots Fruit & Veggie Bar	 20 Smart Slice Whole Grain Pepperoni or Cheese Pizza Green Beans Fruit & Veggie Bar	Calories: 573 Total Fat: 18.4g Sat. Fat: 5.0g Fiber: 7.5g Sodium: 947mg

Meal Price:
 Full Price—\$3.50
 Reduced Price—\$0.40
 Milk Only—\$0.50











Redondo Beach USD
 **is getting GREENER!**
 *We now use recyclable paper trays in all our cafeterias.

Menu Key:
 Meatless Option
 Contains Beef
 Contains Pork
 Whole Grain
 Smart Snack Dessert
 *Menu Subject to Change








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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKLY AVERAGE
  23 Meatless Monday Cheese Quesadilla Sweet Corn WG Celebration Cupcake Fruit & Veggie Bar	 24 Chicken Smackers Whole Grain Roll Baked Crinkle-Cut Fries Fruit & Veggie Bar	  25 Brunch for Lunch Cinnamon French Toast Lean Beef Sausage Applesauce Fruit & Veggie Bar	 26 Crispy Chicken Sandwich Baked Tater Tots Fruit & Veggie Bar	  27 Smart Slice Whole Grain Pepperoni or Cheese Pizza Green Peas Fruit & Veggie Bar	Calories: 583 Total Fat: 21.0g Sat. Fat: 5.8g Fiber: 8.2g Sodium: 871mg
  30 Meatless Monday Cheese Ravioli Whole Grain Breadstick Fruit Sorbet Fruit & Veggie Bar					

Alternate Choices:
Days Available

PBJ + Cheese Stick	 	MTWTHF
Grilled Cheese Sandwich	 	MTWTHF
Bean & Cheese Burrito	 	MTWTH
Fish Nuggets		F

Redondo Beach Unified School District

All students must select a 1/2 cup of fruit or vegetable.

This institution is an equal opportunity provider.

April is National Garden Month!

Nothing says springtime more than the sprouts and shoots of a garden. All RBUSD elementary schools have LiveWell Kids gardens. Maintained by Beach Cities Health District's Garden Angels, coordinators and parent volunteers, the school gardens provide a place for students to receive five interactive lessons per year. Students explore planting, harvesting, maintenance of gardens, pollination, seasonal planting and much more.